

"Building Safe and Resilient Communities"

NPT's Plan for Adult Social Care 2019 — 2022



What do we want to achieve?

We propose to shift the focus of the care system so that there is greater emphasis on building safe and resilient communities that promote people's strengths, and ensure we intervene early to prevent needs from escalating.

Corporate Plan Objectives

Our Plan is in line with NPT's Well-being Objectives:

Well-being Objective 1 -To improve the well-being of children and young people: *"All of our children and young people have the best start in life, so they can be the best they can be"*

The well-being of all children and young people who live in the county borough is prioritised, at all stages of childhood through to the point where young people become adults.

Well-being Objective 2 - To improve the well-being of all adults who live in the county borough *"Everyone participates fully in community life – socially and economically"*

This focuses on the well-being of people throughout their adulthood, and also takes a life course approach.

How will we do it ?

- **Early Intervention & Prevention:** By enabling people to access simple support services, and through better targeted early interventions we will prevent or delay a loss of independence; reducing the need for longer term health and social care services in the future.
- **Helping people help themselves:** An assessment of the person's needs will focus on what they can do, or could do with the right support, rather than focusing on what a person cannot do right now.
- **Older People's Services:** Ensure there is a robust social care market to meet the demands for Older People with enabling approaches to Long Term Care. People prefer to live in their own homes and communities as long as possible, and we must ensure appropriate support is available to help achieve this. There is also increasing demand for specialised nursing care.
- **Safeguarding:** Adults who are at risk should be supported at the earliest opportunity, with a view to trying to make things get better and stay better. Interventions will aim to keep adults safe, whether they are in their own home or in a care home.
- **Complex Needs:** For people accessing learning disability services or mental health services, we will, in partnership with individuals, carers, families and service providers remodel services and implement a 'progression' model of care to aid recovery, rehabilitation and offer greater independence where possible.
- **Supporting Carers:** We will strengthen our planning and support mechanisms for carers so they are enabled to continue to provide their vital and invaluable role.

What are we going to focus on?

- A focus on prevention and early intervention
- Starting from a position of what someone can do, and will be able to do for themselves, with appropriate levels of support
- Promote outcomes focussed interventions
- Quality support that meets needs and agreed outcomes, and that service users and carers are satisfied with
- Adaptable, flexible and inclusive services that can meet changing needs and agreed outcomes
- Purposeful activities that meet outcomes, including supporting people into education, employment and training
- Make sure everyone working with adults help them to be full and active members of their communities
- That we receive good value for money
- Make sure we have a range of good quality service providers